



Meet Ophelie



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I wanted to gain professional skills and conservation experience to help my partner and I create a successful, eco-friendly dive center. Project Laut was the perfect place to achieve these goals.

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Ophelie Paroux, a 28-year-old from Bretagne, France, has been working for several years since graduating university. She is now on a mission to become a dive instructor and open her own eco-friendly dive center with her long-term partner, Arnaud. After hearing glowing recommendations from a friend who completed the program, Ophelie decided to join Project Laut in Nusa Penida.

Dive Training & Certifications:

Starting as a rescue diver, Ophelie earned her Divemaster certification along with **Deep Diving, Nitrox, and Sidemount certifications** during her time with Project Laut. Her dedication and enthusiasm for diving and conservation were evident throughout her internship.

Conservation Projects

Ophelie engaged deeply in conservation work, focusing on:

- **Turtle Identification:** Taking photo IDs, measuring carapace lengths with her homemade T-Stick, logging turtles, and naming them.
- **Coral Restoration:** Participated in coral restoration projects and worked on an independent project addressing coral-smothering sponges.
- **Advanced Monitoring Techniques:** Trained in using Agisoft Metashape for 3D imaging and orthomosaic generation to monitor coral health.



Impacts & Future Goals:

Ophelie's time at Project Laut provided her with the essential skills and experience needed to pursue her dream. Her next steps include completing her Instructor course with Project Laut after a year of travel and learning. She and Arnaud then plan to develop their own eco-conscious dive brand, combining their passion for diving and conservation.

“*Joining Project Laut was one of the best decisions I've made. The support and training I received from Joma, Sita, and the team were exceptional. I built strong networks with young professionals who share my passion for marine conservation, and I feel ready to take the next step in my career.*”

Ophelie Paroux, April 2024

Joins Us:

Are you inspired by Ophelie's story? Ready to start your own adventure in marine conservation?

Your journey awaits – dive in with Project Laut and make a difference!



Our conservation divemaster internship has been rated 4.97/5 on GoOverseas from our 80+ Graduates